



Whatever your need, We're Here to Help!

The Nevada Council on Problem Gambling provides programs and information resources all year long to help individuals and communities recognize problem gambling as an important community health issue.

Need information for your reference library or health promotion event?

Brochures, books and publications are available to the community through our **FREE** material distribution program. Additional fact sheets and special topic information is available to download and print from our website.

Working with youth, seniors and families?

Our **FREE** awareness and prevention programs will help you address the impact of problem gambling on these special groups.

Planning your own education event, and looking for expert speakers on problem gambling issues?

Give us a call and we'll be happy to assist. We work with a wide network of advocates and professionals who can cover many diverse topics related to problem gambling.

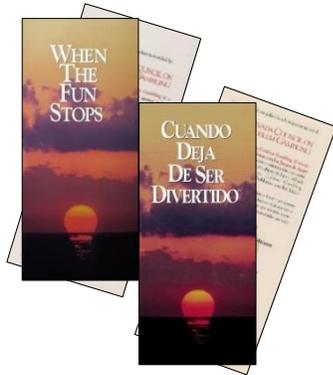
Looking for new project ideas for your organization?

We love working together with community partners on projects with mutual benefit to those we serve. Tell us what you do, and we'll help you identify ways to address the issue of problem gambling in your efforts.

To learn more about the Nevada Council on Problem Gambling and the work we do visit our website at www.nevadacouncil.org.



Brochures, Books and Publications



When The Fun Stops *(English and Spanish)*

For most people gambling is harmless fun, but for some it can be a serious problem. “When the Fun Stops” provides information on the warning signs of problem gambling and resources for help. Available in both English and Spanish.

Talking with Children about Gambling

Did you know a recent study estimated that nearly 70 percent of Americans aged 14 to 19 years gambled in the past year? Developed in consultation with the Division on Addictions at Harvard Medical School, this brochure educates parents about youth gambling behaviors and provides guidance for discussing the risks of gambling with their children.

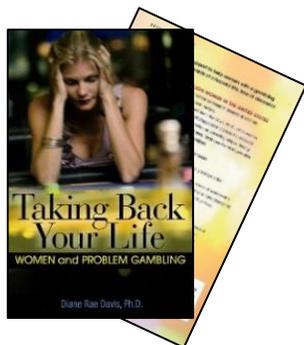
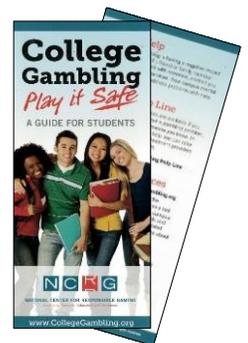


Problem Gambling and Suicide *(English and Spanish)*

According to research studies, as many as 20% of problem gamblers demonstrate suicidal gestures, attempt suicide or complete suicide. Produced in collaboration with the Nevada Coalition for Suicide Prevention, this brochure provides key warning signs and crisis hotlines for both Problem Gambling and Suicide. Available in both English and Spanish.

College Gambling Play it Safe

Approximately 75% of college students gambled during the past year, betting on the lottery, casino games, cards and sports. Many college students assume gambling is a risk-free activity, but research has shown that, for a small percentage of college students, gambling for fun can turn into a serious problem. This brochure, developed by the National Center for Responsible Gaming, provides information on gambling risk and guidelines for responsible gaming.



Taking Back Your Life, Women and Problem Gambling

By Diane Rae Davis, Ph.D.

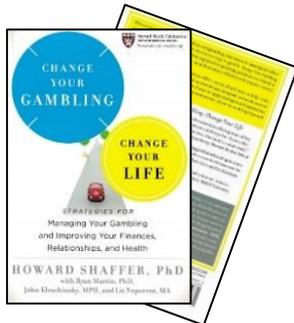
Each section of this user-friendly guidebook highlights real success stories of women who have gone through the same issues and treatment strategies, and who have discovered the rewards of beating a gambling problem and reclaiming hope for their lives. *(219 Pages)*



All Bets Are Off - Losers, Liars, and Recovery from Gambling Addiction

By Arnie and Sheila Wexler with Steve Jacobson

Arnie Wexler's compulsive gambling once spiraled out of control. Now after forty-plus years in recovery, he's become a nationally known expert on gambling addiction. All Bets are Off provides a revealing picture of how the often hidden addiction to gambling ravages the lives of both the addict and their loved ones. It is a brutal cautionary tale, and also an inspiring story of hope and healing for anyone affected by problem gambling. (167 pages)

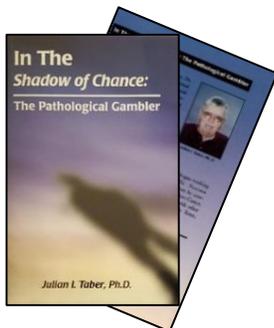


Change Your Gambling, Change Your Life

Strategies for Managing Your Gambling, and Improving Your Finances, Relationships, and Health

by Howard Shaffer, Ph.D., Ryan Martin, Ph.D, John Kleschinsky, MPH, and Liz Neporant, MA.

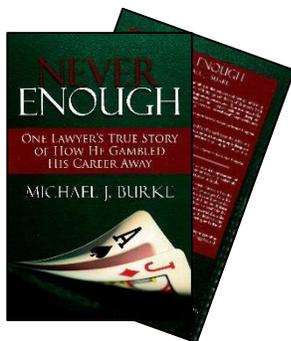
If you or someone you love has a problem gambling, this research-based guide offers a practical approach to controlling the destructive urge to gamble and explains how gambling problems are related to other underlying issues. (228 pages)



In The Shadow of Chance: The Pathological Gambler

by Julian I. Taber, Ph.D.

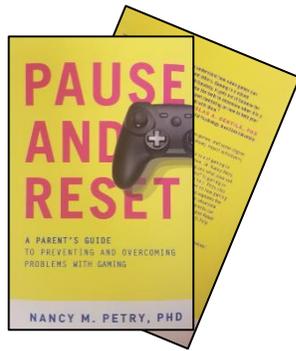
In his book Dr. Taber describes the distortions of normal thought, the personal agony, and the social destruction caused by an addiction to gambling. In later chapters he reviews some major obstacles to recovery, and the steps necessary to radically alter the thinking and behavior of the gambler in order to achieve normal life. (413 pages)



Never Enough One Lawyers True Story of How He Gambled His Career Away

By Michael J. Burke

This is the shocking, true story of Michael J. Burke, who went from being a successful lawyer, loving father and husband, and respected member of his community to a closet alcoholic and gambling addict to the tune of \$1,600,000 using his client's trust account funds. (138 pages)

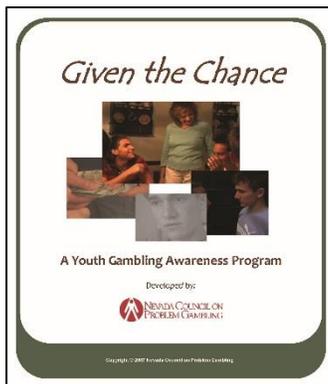


Pause and Reset A Parents Guide to Preventing and Overcoming Problems with Gaming

By Nancy M Petry, PhD

Pause and Reset is for parents concerned about the role of gaming in their children's lives. In this informative and readable book, Dr Nancy Petry sheds light on what constitutes problematic video gaming and what does not, how to determine whether a young person may be "addicted" to gaming or developing problems with it and when to seek help. (232 pages)

Public Awareness / Prevention Programs



Given the Chance – Youth Awareness Presentation

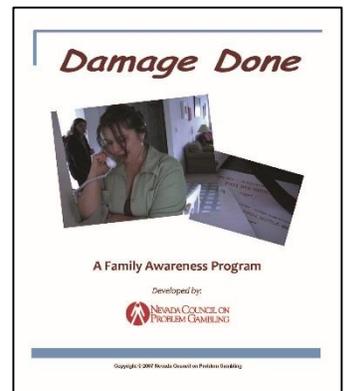
In this 45-minute interactive education session, students learn about the risks and consequences associated with teen gambling. At the core of this youth gambling awareness program is a dramatic film that takes a look at gambling, and its impact, through the eyes of a Nevada teen.

This program is available FREE of charge to Nevada middle schools, high schools, churches or community agencies to promote youth gambling awareness.

Damage Done – Family Awareness Presentation

This 1-hour community awareness session addresses the impact of problem gambling on the family and identifies resources available to help. At the core of the program is a dramatic film that explores how family members cope with the effects of a loved one's gambling problem.

This program is available FREE of charge to Nevada schools, churches, and community agencies to promote family awareness.



Beyond the Game – Nevada Seniors & Problem Gambling

For seniors, gambling may relieve boredom, loneliness and isolation, but they can also be at high risk for developing gambling problems. Beyond the Game educates seniors and others about the issue of problem gambling. Nevada seniors talk about their own gambling experience in the video that is narrated by a Nevada Certified Problem Gambling Counselor. The accompanying booklet provides information on senior gambling and resources for help.

This program is available FREE of charge to Nevada churches, senior centers, and community agencies to promote senior problem gambling awareness.

