



**MARCH IS
PROBLEM
GAMBLING
AWARENESS MONTH**
Help is available, reach out



PROBLEM GAMBLING
AWARENESS MONTH
→ AWARENESS+ACTION
#AwarenessPlusAction

SCREENING FOR GAMBLING PROBLEMS

Lie-Bet Screening Instrument

- 1) Have you ever felt the need to bet more and more money?*
- 2) Have you ever had to lie to people important to you about how much you gambled?*

Answering “Yes” to one or both questions strongly indicates that a professional assessment for gambling disorder is necessary. Responding “No” to both questions indicates no referral or follow-up.

Brief Biosocial Gambling Screen

- 1) During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?*
- 2) During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?*
- 3) During the past 12 months, did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends, or welfare?*

A “Yes” answer to any of the above questions means the person is at risk to develop a gambling problem. Referral for further assessment is appropriate

Visit <http://www.nevadacouncil.org/get-help-now/resource-locator/> for a list of professional treatment providers in your area. Assessment and treatment services are conducted by Certified Problem Gambling Counselors who are qualified to provide services in Nevada, for gamblers and their family members. Some treatment programs are State-funded and will provide services regardless of ability to pay.

NEVADA COUNCIL ON
PROBLEM GAMBLING



WhenTheFunStops.org

1-800-522-4700

24 Hr. Problem Gamblers HelpLine